

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: ISWIM

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: VANDENBERGHE HANNAH

Coaches: VANMEENEN SARA

Coaches: VANMEENEN LAURA

Coaches: LEPLA MARTINE

Coaches: DRUART ANNELIES HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:2, starttime: 14:32
Heat: 2/10 Lane : 1 Athlete: DERUDDER LEAH					Q-time: 01:42:43
PB (25m pool): 01:35.27 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:42.43 SB: 01:35.27 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.08		01:35.27	
	00:45.08		00:50.19		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:2, starttime: 14:32
Heat: 2/10 Lane : 3 Athlete: TYVAERT BABETTE					Q-time: 01:40:51
PB (25m pool): 01:40.51 Brugge 04/10/2026					PB (50m pool): 01:45.56 SB: 01:40.51 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.41		01:40.51	
	00:45.41		00:55.10		
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE WOMEN 11-12					Heat:3, starttime: 14:34
Heat: 3/10 Lane : 1 Athlete: SEYS LOUISE					Q-time: 01:36:40
PB (25m pool): 01:34.22 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:41.14 SB: 01:34.22 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.65		01:34.22	
	00:44.65		00:49.57		
					

Coach feedback:

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Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:6, starttime: 15:02
Heat: 6/10 Lane : 6 Athlete: DE BRUYNE SENNE					Q-time: 01:31:47
PB (25m pool): 01:31.47 Brugge 04/10/2026					PB (50m pool): 01:36.68 SB: 01:31.47 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.41		01:31.47	
	00:43.41		00:48.06		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:9, starttime: 15:08
Heat: 9/10 Lane : 7 Athlete: ROGIERS JACK					Q-time: 01:24:29
PB (25m pool): 01:24.29 Brugge 04/10/2026					PB (50m pool): 01:29.74 SB: 01:24.29 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.34		01:24.29	
	00:39.34		00:44.95		
					

Coach feedback:

Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:3, starttime: 15:26
Heat: 3/4 Lane : 8 Athlete: PAUWELS MILLAU					Q-time: 01:15:28
PB (25m pool): 01:15.28 Brugge 04/10/2026					PB (50m pool): 01:18.66 SB: 01:15.28 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.24		01:15.28	
	00:35.24		00:40.04		
					

Coach feedback:

Event number: 42: 100M BREASTSTROKE MEN 15-16					Heat:4, starttime: 15:27
Heat: 4/4 Lane : 4 Athlete: DELIE VICO					Q-time: 01:06:67
PB (25m pool): 01:06.67 Temse 17/11/2025					PB (50m pool): 01:08.45 SB: 01:06.70 Aachen 11/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.26		01:06.67	
	00:31.26		00:35.41		
					

Coach feedback:

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Event number: 44: 200M FREESTYLE MEN 13-14							Heat:2, starttime: 15:48	
Heat: 2/6 Lane : 2 Athlete: DE BRUYNE SANDER							Q-time: 02:23:63	
PB (25m pool): 02:20.23 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:23.63 SB: 02:20.23 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.68		01:07.10		01:43.62		02:20.23
	00:31.68		00:35.42		00:36.52		00:36.61	
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:2, starttime: 15:48	
Heat: 2/6 Lane : 3 Athlete: DIERCKX ANDREAS							Q-time: 02:21:87	
PB (25m pool): 02:17.83 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:21.87 SB: 02:17.83 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.88		01:06.36		01:43.22		02:17.83
	00:30.88		00:35.48		00:36.86		00:34.61	
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:2, starttime: 15:48	
Heat: 2/6 Lane : 7 Athlete: MEUL RUNE							Q-time: 02:23:96	
PB (25m pool): 02:21.52 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:23.96 SB: 02:21.52 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.09		01:07.90		01:45.28		02:21.52
	00:32.09		00:35.81		00:37.38		00:36.24	
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:4, starttime: 15:53	
Heat: 4/6 Lane : 1 Athlete: BERVILLE BRICE							Q-time: 02:18:14	
PB (25m pool): 02:18.64 Temse 17/11/2025				PB (50m pool): 02:18.14 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.86		01:08.37		01:43.90		02:18.64
	00:32.86		00:35.51		00:35.53		00:34.74	
								

Coach feedback:

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Event number: 44: 200M FREESTYLE MEN 13-14							Heat:4, starttime: 15:53	
Heat: 4/6 Lane : 4 Athlete: CLAEYS YBO							Q-time: 02:15:42	
PB (25m pool): 02:12.74 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:18.46 SB: 02:12.74 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.31		01:04.40		01:39.33		02:12.74
	00:30.31		00:34.09		00:34.93		00:33.41	
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:6, starttime: 15:59	
Heat: 6/6 Lane : 2 Athlete: HAUSPIE NIEL							Q-time: 02:06:25	
PB (25m pool): 02:06.25 Brugge 04/10/2026				PB (50m pool): 02:11.45 SB: 02:06.25 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.82		01:01.30		01:34.66		02:06.25
	00:28.82		00:32.48		00:33.36		00:31.59	
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:6, starttime: 15:59	
Heat: 6/6 Lane : 5 Athlete: VINCENT RUNE							Q-time: 02:01:56	
PB (25m pool): 02:01.56 Brugge 04/10/2026				PB (50m pool): 02:03.73SB: 02:01.56 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:27.86		00:58.56		01:30.62		02:01.56
	00:27.86		00:30.70		00:32.06		00:30.94	
								

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:2, starttime: 16:05				
Heat: 2/10 Lane : 1 Athlete: DERUDDER LEAH					Q-time: 01:25:66				
PB (25m pool): 01:28.56 Temse 17/11/2025					PB (50m pool): 01:25.66 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M					
PB		00:44.71		01:28.56					
	00:44.71		00:43.85						
									

Coach feedback:

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Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:3, starttime: 16:07
Heat: 3/10 Lane : 1 Athlete: SEYS LOUISE					Q-time: 01:23:62
PB (25m pool): 01:23.62 Brugge 04/10/2026					PB (50m pool): 01:29.59 SB: 01:23.62 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.19		01:23.62	
	00:40.19		00:43.43		
					

Coach feedback:

Event number: 45: 100M BACKSTROKE WOMEN 11-12					Heat:8, starttime: 16:19
Heat: 8/10 Lane : 4 Athlete: TYVAERT BABETTE					Q-time: 01:16:80
PB (25m pool): 01:16.80 Brugge 04/10/2026					PB (50m pool): 01:23.74 SB: 01:16.80 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.45		01:16.80	
	00:36.45		00:40.35		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:4, starttime: 16:33
Heat: 4/10 Lane : 4 Athlete: DE BRUYNE SENNE					Q-time: 01:21:74
PB (25m pool): 01:20.79 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:22.71 SB: 01:20.79 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.84		01:20.79	
	00:39.84		00:40.95		
					

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:4, starttime: 16:33
Heat: 4/10 Lane : 6 Athlete: ROGIERS JACK					Q-time: 01:21:91
PB (25m pool): 01:19.77 Sint-Amandsberg 18/10/2026					PB (50m pool): 01:21.91 SB: 01:19.77 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.20		01:19.77	
	00:39.20		00:40.57		
					

Coach feedback:

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Event number: 47: 200M BACKSTROKE WOMEN 15-16							Heat:1, starttime: 16:49	
Heat: 1/4 Lane : 2 Athlete: DE BRUYNE SILKE							Q-time: 02:37:04	
PB (25m pool): 02:31.71 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:37.96 SB: 02:31.71 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.06		01:13.53		01:53.62		02:31.71
	00:35.06		00:38.47		00:40.09		00:38.09	
								

Coach feedback:

Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:3, starttime: 17:11	
Heat: 3/4 Lane : 2 Athlete: HOOGHE MAURO							Q-time: 02:18:45	
PB (25m pool): 02:18.56 Diksmuide 12/10/2025				PB (50m pool): 02:18.45 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.12		01:08.70		01:44.44		02:18.56
	00:33.12		00:35.58		00:35.74		00:34.12	
								

Coach feedback:

Event number: 48: 200M BACKSTROKE MEN 15-16							Heat:3, starttime: 17:11	
Heat: 3/4 Lane : 4 Athlete: SEYS WOUT							Q-time: 02:15:91	
PB (25m pool): 02:15.14 Diksmuide 17/11/2024				PB (50m pool): 02:18.79SB: 02:15.30 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.00		01:05.56		01:40.92		02:15.14
	00:31.00		00:34.56		00:35.36		00:34.22	
								

Coach feedback:

Event number: 50: 50M BUTTERFLY MEN 13-14							Heat:1, starttime: 17:22			
Heat: 1/3 Lane : 7 Athlete: DE BRUYNE SANDER							Q-time: 00:32:68			
PB (25m pool): 00:33.01 Waregem 26/09/2026				PB (50m pool): 00:32.68SB: 00:33.01 Waregem 26/09/2026						
	2 5 M		5 0 M							
PB			00:33.01							
			00:33.01							
										

Coach feedback:

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Event number: 50: 50M BUTTERFLY MEN 13-14			Heat:2, starttime: 17:23
Heat: 2/3 Lane : 3 Athlete: BERVILLE BRICE			Q-time: 00:30:52
PB (25m pool): 00:30.52 Waregem 26/09/2026			PB (50m pool): 00:32.02 SB: 00:30.52 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:30.52	
	00:30.52		
			

Coach feedback:

Event number: 50: 50M BUTTERFLY MEN 13-14			Heat:3, starttime: 17:24
Heat: 3/3 Lane : 3 Athlete: VINCENT RUNE			Q-time: 00:28:21
PB (25m pool): 00:28.21 Brugge 04/10/2026			PB (50m pool): 00:29.50 SB: 00:28.21 Brugge 04/10/2026
	2 5 M	5 0 M	
PB		00:28.21	
	00:28.21		
			

Coach feedback: